

# NEED A NIGHT OUT?

**Parents Night Out**  
Arden Christian Church  
4300 Las Cruces Way  
Sacramento, CA 95864

**Date: Sat. Sept. 12, 2009**  
**Time: 6:00-9:30pm**

No Pre-Registration  
required! There is space  
enough for all!



You are invited to drop off your children, ages 3-12, for a safe, **FREE**, and fun night, with our team of adult volunteers while you get **some time to yourself** to go out to dinner, catch a movie, read a book, enjoy a hobby, or do some shopping!

We will provide:

- ◆ Adult supervision: Our volunteers have undergone careful background screening.
- ◆ A safe environment
- ◆ Healthy Snacks and Drinks
- ◆ Age appropriate crafts and games.
- ◆ A "G" rated movie

**Can't make this date?**  
Mark your calendar **NOW** with  
additional dates found on back!

For More Information contact us at  
(916) 483-2733

Or visit our website at [ardencec.com](http://ardencec.com)  
We are a non-profit organization

*This is not a program of the San Juan Unified School District  
and San Juan accepts no liability or responsibility for this program.*

# FALL THEMES

## **September 12: Wet and Wild Night**

Bring your suits and towels for water games!

## **September 26: Big Wheels Night**

Bring your skates, skateboards, or scooters and get ready to fly!

## **October 10: Board Game Night**

Bring a board game to share for a night of snacks, and great fun!

## **October 24: Guitar Hero Night**

Dress like your favorite rock star and be ready to rock while playing Guitar Hero!

## **November 7: Camp Out Night**

We'll hang out in tents, tell some fun stories (no scary ones here!), and make s'mores! Don't forget your flashlight and sleeping bag!

## **November 21: Flower Power Night**

Bring a clean white shirt, pair of socks, or pillowcase to tie dye!  
We'll have a **GROOVY** time!