

# Let's Go Mountain Biking On The Beach!!!

Includes:  
Bike, Equipment, Lunch & Transportation

Make the most of your Spring Break. Come join Teen Action Leadership Committee (TALC) for a bike ride adventure through the Golden Gate National Recreation Area in Mill Valley. We will begin our journey at Howe Park and we will taking District vans to the Trips For Kid's location. Bikes, gloves, helmets, lunch and a personal water bottle will be provided to all participants who embark on the group ride to Tennessee Valley's Beach!! The ride is a beginner trail for all 12-17 year-olds who wish to participate in a fun and friendly atmosphere.

When: Wednesday, March 31<sup>st</sup>, 2010

Meet at Howe Park: 8:00 AM

Arrive Back: Approx. 4:00 PM

Cost: \$12 (\$10 for TALC members)



\* Must be registered  
and have all forms  
completed prior to  
March 29<sup>th</sup>.

Fulton-El Camino  
Recreation and Park District  
2201 Cottage Way  
Sacramento, CA 95825  
[www.fecrecrepark.com](http://www.fecrecrepark.com)

For more info, contact Steven:  
916-927-3802 x125  
sgranzella@fecrecrepark.com