

FAIR OAKS RECREATION & PARK DISTRICT

JR. NFL FLAG FOOTBALL PROGRAM

BOYS & GIRLS AGES 5-14



Play Flag Football

NFL PUNT PASS & KICK

Join us September 5th for the FREE NFL Punt, Pass & Kick Competition. Winning participants have a chance to compete on national television!

Ages: 8-15

Time: 10:00am

LEAGUE DATES & INFO

MINI CAMP - Aug. 29th

NFL PUNT, PASS & KICK - Sept. 5th

MINI CAMP / EVALUATION - Sept. 12th

PARENT MEETING - Sept. 15th

LEAGUE DATES- Sept. 26th - Nov. 21st

COST - \$85

LOCATION - Phoenix Park

REGISTRATION DEADLINE: Sept. 12th

*Practices will be held 1 to 2 times per week (practice location is determined by coach)

*All games and events are held on Saturdays

*Game times vary and are held mornings and afternoons

Additional Information

(916) 966-1036

www.fairoakspark.org

www.nflyouthfootball.com



Each participant will receive a NFL Flag Football Jersey of a Pro Team!

VOLUNTEER COACHES NEEDED!!!

Please contact the Fair Oaks Recreation and Park District if you are interested in being a volunteer coach. All volunteers will need to complete a background check, so please allow time for completion.

