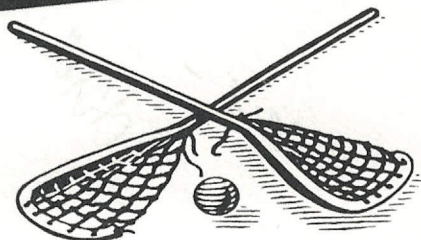


# Fair Oaks Lacrosse

Lacrosse, considered to be America's first sport, was born of the North American Indian, christened by the French, and adapted and raised by the Canadians. Modern lacrosse has been embraced by athletes and enthusiasts of the United States and the British Commonwealth for over a century.

The sport of lacrosse is a combination of basketball, soccer and hockey. Anyone can play lacrosse--the big or the small. The game requires and rewards coordination and agility, not brawn. Quickness and speed are two highly prized qualities in lacrosse.



Early Bird Registration will begin Sept. 30th.

Cost : \$275 until November 30th (\$300 after Nov 30th & \$325 after Jan 1st.)

Season starts in January and runs through May.

Practices as follows:

U15—TWTH from 4:00 till dark

U11—U13 TW from 4:00 till dark

*Bring the flyer during the month of December if you miss the early bird and we will waive the \$25!*

Visit our website at  
[www.Fairoakslacrosse.org](http://www.Fairoakslacrosse.org)

Phone: 916-248-9084

**Boys and Girls!!!**

## Free Clinic

*(for early bird registration)*

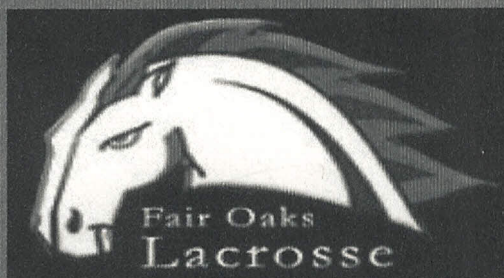
December 28th to 30th  
Bella Vista High School  
9am to 12 pm.

Joint Play w/ High School Lacrosse

Meet Lorne Smith

[lornesmithlacrosse.com](http://lornesmithlacrosse.com)

\$30 per player that register after  
12-4-09



**Coaches Needed**  
**Come out and we**  
**will teach you**

This is not a program of  
the San Juan Unified  
School District and San  
Juan accepts no liability  
or responsibility for this  
program.