

A NON-PROFIT ORGANIZATION

NORTHEAST YMCA SWIM LESSONS



**EL CAMINO HIGH SCHOOL
4300 EL CAMINO AVENUE
SACRAMENTO, CA 95821**

SWIM LESSONS

SWIM SESSIONS

MONDAY - THURSDAY (8 LESSONS)

**DATES: JUNE 14 - JUNE 24, JULY 12 - JULY 22
JULY 26 - AUGUST 5 & AUGUST 9 - AUGUST 19**

MONDAY - FRIDAY (5 LESSONS)

**DATES: JUNE 28 - JULY 2 &
JULY 5 - JULY 9**

MORNING LESSONS: 10:00AM - 12:00PM

AFTERNOON LESSONS: 3:00 - 5:00PM

AGES

**3 YEARS OF AGE - KINDERGARTEN
& GRADE 1 - GRADE 6**

COSTS

8 LESSONS: \$39 YMCA MEMBERS / \$79 PROG. PARTICIPANTS

5 LESSONS: \$25 YMCA MEMBERS / \$50 PROG. PARTICIPANTS

SATURDAY SWIM LESSONS

MORNING CLASSES:

9:00AM - 12:00PM (30-MINUTE CLASSES)

DATES: JUNE 19, 26, JULY 10 - 17

JULY 24, 31, AUGUST 7 - 14

AGES

6 MONTHS OF AGE - ADULT

COSTS

\$21 YMCA MEMBERS / \$40 PROG. PARTICIPANTS

REGISTRATION

BEGINS MAY 15TH

MONDAY THROUGH FRIDAY - 8:00AM - 6:00PM

**NORTHEAST YMCA
3127 EASTERN AVENUE
SACRAMENTO, CA 95821**

**SACRAMENTO AREA YMCA
2021 W STREET
SACRAMENTO, CA 95818**

FOR MORE INFORMATION: PAT WOLFE (916) 452-9622, EXT. 101

PATW@SACYMCA.ORG

POOL SEASON

JUNE 14 - AUGUST 20

RECREATIONAL SWIM

MONDAY - THURSDAY 1:00 - 3:00PM

FRIDAY 1:00 - 4:30PM

LAP SWIM

**MONDAY, WEDNESDAY & FRIDAY:
7:30AM THROUGH 9:00AM**

WATER AEROBICS

**MONDAY, WEDNESDAY, FRIDAY:
8:00 - 9:00AM**

DAILY PASS

YMCA MEMBERS FREE

FAMILY (1 ADULT & CHILDREN): \$10.00

ADULT: \$5.00

YOUTH (0-17): \$2.00

This program is not a program of the San Juan Unified School District and San Juan accepts no liability for this program.