

SUNRISE RECREATION AND PARK DISTRICT

7801 AUBURN BLVD.

CITRUS HEIGHTS, CA

PHONE: 725-0186

# 5TH - 6TH GRADE GIRLS' BASKETBALL LEAGUE

Basic skill development, sportsmanship, and knowledge of the rules will be emphasized. During the first week, coaches will select teams. After team selections, teams will receive 1 or 2 practices and 1 game each week. Please Note: Some teams will play games during the week, while others will play on weekends. This will depend on the coach's schedule.

**COACHES NEEDED!** *If you have experience in the game of basketball and have the desire to share your knowledge by coaching, please contact Todd at 725-0186.*



DEPENDING ON THE NUMBER OF COACHES, SOME SCHOOLS WILL BE LIMITED TO ONLY ONE TEAM. IF MORE COACHES ARE FOUND, ADDITIONAL TEAMS WILL BE ADDED. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT TODD AT 725-0186.

**PRACTICE SCHEDULE:** Starting Monday, February 1, practices will be held at your child's school, after school ends, for 1 hour each day, for the first week. After team selections, coaches will determine the days of practice. Coaches are required to be at their assigned school, rain or shine, for all scheduled practices. If practices are postponed because of weather, coaches will remain until all participants are picked-up. Week 1 - 2/1 - 2/5

**SEASON:** 2/1/10 to 3/20/10 For those schools that have minium days on Thursdays, please note you will not have practice.



**FEE:** \$75.00/person

## **REGISTRATION PROCEDURES: 3 EASY WAYS TO REGISTER**

**On-line:** Visit [www.sunriseparks.com](http://www.sunriseparks.com) to register on-line with a Visa, MasterCard or American Express. When registering on-line, please select the school your child attends.

**Walk-in:** Registration will be taken at the District Office - Rusch Park Community Center 7801 Auburn Blvd., Citrus Heights. You can pay with check or credit card.  
**Registration Hours:** Monday - Thursday, 8:15am - 6:15pm & Friday, 8:15am - 4:45pm

**Mail-in:** Mail-in registration will be accepted with a complete registration form and correct fee. **Please do not mail cash.** Mail registration form and fees to Sunrise Recreation and Park District, 7801 Auburn Blvd., Citrus Heights, CA 95610. Make checks payable to SRPD.



For more information about programs go to our website at [www.sunriseparks.com](http://www.sunriseparks.com)

This is not a program of the San Juan Unified School District, Center Joint Unified School District, Twin Rivers Unified School District, Dry Creek Joint Elementary School District and San Juan, Center, Twin Rivers, Dry Creek accepts no liability or responsibility for this program.

**PLEASE SEE REVERSE SIDE FOR WAIVER**