

7801 AUBURN BLVD. SUNRISE RECREATION AND PARK DISTRICT  
CITRUS HEIGHTS, CA

PHONE: 725-0186

# SUMMER YOUTH FLAG FOOTBALL LEAGUE

This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action, while learning the fundamental skills of passing, receiving, running and defense, as well as teamwork. Participants will learn game fundamentals and good sportsmanship, while improving their football skills.

The season will include 1 Saturday of conditioning and skill development. Teams will be announced on Saturday, June 19th. Following team selections, participants will receive schedules for practices and games, which will begin the week of June 21st.

**FOOTBALL CLINIC:** Saturday, June 12 @ Rusch Park Diamond # 3  
9:00 A.M. - 10:30 A.M.

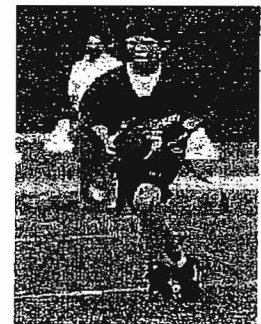
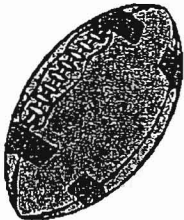
**LEAGUE DATES:** JUNE 12TH - AUGUST 7TH

**AGE GROUP:** GRADES 4TH - 6TH, BOYS & GIRLS

**LOCATION:** RUSCH PARK DIAMOND #3

**FEE:** \$65.00 Checks payable to: S.R.P.D.

**COURSE #:** 8420.234



**REGISTRATION:** ON-LINE REGISTRATION BEGINS APRIL 12TH

**On-line:** [www.sunriseparks.com](http://www.sunriseparks.com)

**Mail-in:** S.R.P.D., 7801 Auburn Blvd., Citrus Heights, CA 95610

**Walk-in:** Monday - Thursday from 8:15am - 6:00pm @ Rusch Park Office  
Fridays - 8:15am - 4:45pm @ Rusch Park Office

This is not a program of the San Juan Unified School District, Center Joint Unified School District, Twin Rivers Unified School District, Dry Creek Joint Elementary School District and San Juan, Center, Twin Rivers, Dry Creek accepts no liability or responsibility for this program.

**PLEASE SEE REVERSE SIDE FOR WAIVER FORM. PARENT MUST SIGN (AGREEMENT, WAIVER RELEASE) FORM BEFORE PARTICIPANT CAN PLAY.**